CHAPTER 7: MUSCLES AND JOINTS

A. Matching Abbreviations

1. b  
2. d  
3. e  
4. a  
5. c  

B. Matching Terms

1. c  6. f  
2. e  7. j  
3. h  8. i  
4. g  9. a  
5. b  10. d  

C. Labeling

1. temporal  6. pectoralis major  
2. masseter  7. rectus femoris  
3. sternomastoid  8. latissimus dorsi  
4. trapezius  9. gluteus maximus  
5. deltoid  10. gastrocnemius  

D. Spelling

1. brachii  6. visceral  
2. dystrophy  7. adduction  
3. polymyositis  8. supination  
4. arthritis  9. rheumatoid  
5. viscous  10. sciatica  

E. Crossword Puzzle

[Image of a crossword puzzle]
F. Completion
1. arthralgia
2. insertion
3. muscle fiber
4. skeletal
5. trunk
6. articulation
7. crepitation
8. bursa
9. subluxation
10. fibrous joint (or suture)

G. Word Element Review
1. bucc/al
2. fibr/oma
3. my/algia
4. pector/al
5. dys/troph/y
6. anky/osis
7. arthro/centesis
8. tendin/itis
9. arthro/plasty
10. arthro/scopy

H. Word Search
1. flexion
2. supination
3. extension
4. adduction
5. rotation
6. pronation
7. abduction
8. plantarflexion
9. dorsiflexion
10. circumduction
I. Proofreading Skills

1. a movement that involves the turning of a bone on its own axis
   Spelled correctly? Yes
2. bending motion decreasing the angle between two bones
   Spelled correctly? Yes
3. abnormal enlargement of the joint at the base of the great toe
   Spelled correctly? Yes
4. strong fibrous band of tissue that attaches the muscle to the bone
   Spelled correctly? Yes
5. removal of the bony overgrowth and the bursa at the base of the great toe
   Spelled correctly? Yes
6. point of attachment of a muscle to a bone that it moves
   Spelled correctly? Yes
7. thin sheets of fibrous connective tissue that penetrate as well as cover the entire
   muscle holding the fibers together
   Spelled correctly? Yes
8. a muscle located on the outer side of the femur, often used for intramuscular
   injections
   Spelled correctly? Yes
9. muscles located in the posterior part of the thigh, which are responsible for flexing
   the leg on the thigh, as in kneeling
   Spelled correctly? Yes
10. a small sac that contains synovial fluid for lubricating the area around the joint
    where friction is most likely to occur
    Spelled correctly? Yes

(Note to learner: all of the words in this exercise were spelled correctly)

NOTE: Crossword Puzzles and Word Search Puzzles are always optional.